



Closest to Mom. Best for Baby.™

# The NÜROO POCKET

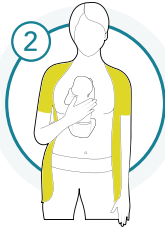
## INSTRUCTION BOOKLET

### HOW TO WEAR YOUR NÜROO POCKET



#### ATTACH BELT TO SHIRT

After removing from box, lay shirt face up with snaps to your right. Lay belt across the midsection and fix to shirt by snapping at highest set of buttons.



#### PUT ON YOUR NÜROO

While seated, open closures and put arms into shirt. Place baby (wearing only a diaper) facing you, on your bare chest. Remain seated until completion of step five.



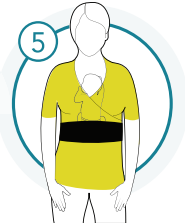
#### POSITION BABY'S LEGS IN POCKET

While holding baby secure with one hand, use other hand to bring pocket left side (Part A) of shirt snugly across baby's back, while guiding baby's legs into interior pocket. Secure closure at inseam of garment.



#### CROSS + HUG

Wrap right side (Part B) to left seam closures for your perfect fit. Check that baby's shoulders are above your breasts, head is turned to one side and face is unobstructed.



#### SUPPORT BELT

For support when standing, wrap belt around baby's bottom and fasten around you, securing closure around the back.

As baby grows, belt can be moved down to provide support under baby's bottom. Always ensure baby's shoulders are above your breasts, head is turned to one side and face is unobstructed.

Visit [nuroobaby.com](http://nuroobaby.com) for an instructional video + more how-to photos.

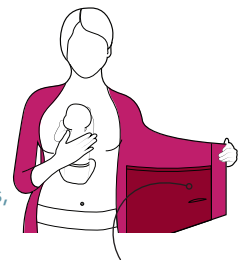
### HELPFUL HINTS

Taking baby out of the shirt is super easy. No need to take shirt off. In one simple motion, reach in through the top of the neck line and lift baby under the armpits, while supporting baby's head and neck, and pull baby up + out.



#### TAKE *special* NOTE

Research proves Baby's pain perception is reduced when held skin-to-skin. The slit on the inside pocket allows access to their foot or leg for purposes of blood draws, routine injections or temperature probe placement in the hospital. Simply reach in through the hole, find baby's foot and guide the opening up their leg.



#### CALLING *all* DADS!

You too can practice skin-to-skin and offer powerful benefits to baby's growth and development. Keep in mind that baby should not lay on your skin longer than 90 minutes, as dad's body cannot regulate baby's body temperature like mom's.



Learn the science behind why baby loves being on your skin at [nuroobaby.com](http://nuroobaby.com)



If breastfeeding, during the beginning weeks always feed baby first prior to placing her in shirt. This will allow for less breast milk leakage while wearing baby.

When wearing the shirt while resting in bed, no support belt is needed. Make sure you are semi-reclined or propped up by pillows. Never lay flat, as it makes baby work harder to breathe.



Care Instructions: Machine wash in cold water + tumble dry on low heat. Always be sure to fasten all hook and loop closures prior to washing and drying. The fabric on the belt will stretch after multiple wears, wash and dry to reduce stretch.

## SAFETY CHECK

**Look »** Always ensure that baby's nose and mouth are visible and chin is not resting on baby's chest. Baby's head should be turned to one side, resting on wearer's chest.

**Listen »** Make sure baby is breathing comfortably.

**Feel »** Baby's legs should be bent at the knees and frogged against your skin, as well as full chest to chest contact, with baby's arms out stretched.

Seek advice from a healthcare professional for pre-term babies.

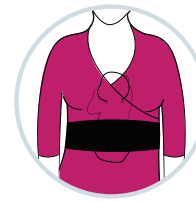


Belt should be placed under baby's bottom. Never resting on or across baby's back. As baby grows, move belt down.



**YES**

Baby vertical. Chin up, face visible, nose and mouth unobstructed. Baby's head turned to one side.



**NO**

Baby is too low. Belt position should never be across baby's back, but rather under their bottom.



**NO**

Baby is curled and does not have full chest contact with wearer. Baby's face is not visible. Baby's chin should never rest on baby's chest.

## FOR BABY'S SAFETY



### WARNING:

FAILURE TO FOLLOW THE MANUFACTURER'S INSTRUCTIONS CAN RESULT IN DEATH OR SERIOUS INJURY.

### SUFFOCATION HAZARD

Ensure the infant's face is above the fabric, visible and free from obstructions at all times. Babies at greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age. Ensure the baby does not curl into a "C" position with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth. Never lay flat while wearing baby. Always be inclined 45 degrees or resting on 3 pillows.

### FALL HAZARD

Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving. Follow the manufacturer's recommended weight range, 3-25 lbs, when using this carrier. Never use this carrier with a pre-term infant without seeking the advice of a healthcare professional.

### IMPORTANT!

### KEEP FOR FUTURE REFERENCE

Read and follow all printed instructions and view instructional videos, which are available at [nuroobaby.com](http://nuroobaby.com), before use.

INTENDED FOR  
**SINGLE**  
TERM USE

Garment not to be passed on, consigned or used with subsequent babies.

## WARNING

- Examine your NüRoo Pocket before each use for wear and tear, including ripped seams, torn fabric or worn hook/loop closures.
- Wearing baby in The NüRoo Pocket requires diligence on the part of the caregiver.
- Ensure that the baby is safely positioned in the carrier according to The NüRoo Pocket instructions for use.
- Always check to ensure that all knots, buckles, snaps, straps and adjustments are secure.
- Never leave a baby in the shirt that is not being worn.
- Check on the baby often.
- Ensure that the baby is periodically repositioned.
- Keep baby's airway unobstructed and face visible at all times.
- If using The NüRoo Pocket while breastfeeding, always move the baby's face away from the breast after the baby is done feeding and then reposition the baby upright.
- Do not use when balance or mobility is impaired because of exercise, drowsiness or medical conditions.
- Never place more than one baby in The NüRoo Pocket. Never use more than one NüRoo Pocket at the same time.
- Do not use The NüRoo Pocket while engaging in activities such as cooking and cleaning, which involve a heat source or exposure to chemicals.
- Never wear The NüRoo Pocket while driving or being a passenger in a motor vehicle.
- Your balance may be adversely affected by your movement and that of your child.
- Take care when bending or leaning forward.
- This carrier is not suitable for use during sporting activities.



visit us at [nuroobaby.com](http://nuroobaby.com)



Scan for  
product demo.

hello@nuroobaby.com • 877-853-5518

Model #'s: 08000, 08010, 08020, 08030, 08040, 08050, 08090  
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